

Individual What to Bring List

This packing list serves as the official Dress Code for all CTCYM trips. Your signature on the Liability and Medical Release Form indicates you have seen and agree to the CTCYM Dress Code. All participants are expected to wear modest clothing. Please carefully consider fit/tightness and length/overall coverage of clothes. Do not bring clothing with content advertising or related to alcohol, drugs or sexual behavior. CTCYM adults/leadership reserve the right to request a change of clothing.

Consider fit/tightness

- Legging/tight pants are OK only if you are wearing a long, loose shirt as a top that easily covers your bottom.

Consider overall coverage of clothes. Length of shorts for evening activities should be conservative, using fingertip length or mid-thigh as a guide).

- Some shorts are not the same length all the way around the leg (for example, exercise shorts that go up higher on the side). The shorts are ok only if the shortest part of the shorts meets the mid-thigh or fingertip guide.
- Some shorts can be rolled at the waist. If you pack shorts that you only wear rolled, make sure that their length when rolled meets the mid-thigh or fingertip guide.

Work Clothes

Bring enough clothes for the entire week. Laundry facilities are not available. Expect a week filled with hard work, sweat, paint and dirt. Don't bring your favorite clothes for work.

- Shirts with sleeves (sleeves may not be rolled; must be worn at all times while working at the Worksite)
- Long pants (must be worn at all times while working at the Worksite. Pants may not be rolled up)
- Work Shoes (for safety reasons must be enclosed shoes, old tennis shoes are fine if they have a good sole)
- At least one long sleeve shirt (to be worn if you are working with insulation)
- Work gloves (not "garden" gloves)
- Cap, visor or bandana for sun protection

Casual Clothes

- Pants/capris/shorts for evening activities (length should be conservative, fingertip length or mid-thigh as a guide.)
- Shirts for evening activities (sleeveless shirts are not allowed for boys or girls)
- Tennis Shoes
- Shoes for shower (flip flops, water shoes, etc.)
- Swimsuit (modest one piece)

Personal tools

Mark tools clearly with your name so you will be sure to take them home with you. Your Group Leader may give you a specific color with which to mark the tools from your church.

- Claw Hammer (16 oz. suggested)
- Safety goggles
- Pencil
- Nail apron (cloth or leather)
- Dust mask
- Tape measure

Tool tip: Many participants pack their tools in an empty 5-gallon paint bucket with a lid that snaps on securely. This doubles as a personal seat on the Worksite. Be sure to clearly label your tool box/tool bucket with your name.

Personal Items

- Sleeping bag and pillow
- Cot or twin size air mattress (nothing larger)
- Soap, shampoo, deodorant, tooth brush, etc.
- Hair ties for securing long hair on the Worksite
- Bible
- Towel
- Bug repellent spray
- Rain gear
- Tote bag (taking belongings to shower)
- Sunscreen
- Spending money
- Flashlight
- Medication (labeled)
- Musical instrument (if one is played)